Occupational Health International (OHI) is a joint venture and partnership between Occucare International (OI), one of the largest providers of occupational health care services in USA, and Gulf Healthcare International, a reputed healthcare provider in the Middle East.
LEADERS IN OCCUPATIONAL MEDICINE

Occupational Health International (OHI) is a dedicated occupational healthcare facility in Dubai, UAE, that was established in 2011, under the joint venture between Gulf Healthcare International (GHI), a healthcare group with business units across the GCC and Occucare International (OI), a dedicated occupational health facility that has business units spread across the US.

Based in Dubai, UAE, OHI is led by Dubai Healthcare Authority licensed, OGUK approved Occupational Medicine Specialist, with vast experience in this field of medicine.

In addition to occupational medicine services, OHI also provides general medical services and preventive medical services, including adult vaccination and travel medicine. Being preventive in its nature, OHI offers as well the Well Man and Well Woman health screening packages for individuals who are interested in checking and monitoring regularly their health status.

OHI aims to improve the health and well-being of its patients and the community it serves, and to help employers maintaining the health and productivity of one of their most important asset, their people.

The medical facility located in Dubai is spacious, well-equipped and provides a range of diagnostic and treatment services. It is located in Al Rigga Road, next to a hotel convenient for those transiting through Dubai, it is close to Al Rigga Metro Station and has ample parking in the basement of the building.

OHI serves a wide range of industries from oil and gas, marine, construction, manufacturing, logistics, chemicals and transportation to food and hospitality industry that have both local and international presence.

Together, OHI and OI have a global reach and they serve clients in the USA, Middle East and also cover other geographical areas through affiliated healthcare provider.

BRIEF AND IMPORTANCE OF OCCUPATIONAL MEDICINE

Occupational Medicine is that branch of medicine that focuses on the physical and mental well-being of employees in the workplace, but also promotes health in all aspects of life: private and the work related ones.

“Occupational Health is the promotion and maintenance of the highest degree of physical, mental and social well-being of workers in all occupations by preventing departures from health, controlling risks and the adaptation of work to people, and people to their jobs.” - (ILO / WHO 1950).

“Occupational Health deals with all aspects of health and safety in the workplace and has a strong focus on primary prevention of hazards”. (WHO)

The practice of having an occupational health policy ensures that workplaces and work practices are safe and not detrimental to employees’ health, and ensures that employees are fit for the job they are practicing. If there are difficulties, either with the workplace or with an employee’s medical fitness, the occupational medicine specialist’s role is to advise on adjustments of the workplace, and/or to give appropriate assistance and support to the employee and employer.

Occupational Health also plays a key role in providing impartial, evidence-based advice to the third parties, such as insurance and pension companies, about retirement on grounds of ill-health and related matters.

IMPORTANCE OF OCCUPATIONAL MEDICINE SPECIALITY

There is an evident difference between the specialties in their perceptions on the general health of an organization’s workforce.

Occupational Medicine Specialists has an in-depth understanding of epidemiology, disease prevention and toxicology. They have the knowledge to identify, assess the risk to health and know how to control workplace hazards and also know how to recognize, prevent and manage occupational diseases. They also advise management on these risks and on their implications for employees’ health and for business continuity.

In assessing the medical fitness for work, the Occupational Medicine Specialists understands not only the health of the employee but also the workplace background, taking into account not only the psychological and physical status of the workforce, but also the environment, and any implications it may have for the employee’s health.
THE OHI TEAM

OHI has a specialized team with many years of experience, providing preventive medical services, with focus on the occupational health aspect, and also general medical services, as well as adult vaccination/travel medicine for employees/patients and their families, if located in UAE or if traveling from the Middle East, Europe, Africa, Australia, USA or Asia.

OHI Team consists of Occupational Medicine Specialist, General Practitioners (GPs), Specialist Radiologists, Specialist Cardiologist, Specialist Gynaecologist, Dentist, Nurses, Radiographers, Dental Assistants, Front Office Staff; Customer Service/Accountant/Medical Insurance Coordinator/Medical Records Coordinator, Administrators and Coordinators and Business Development Team.

The OHI’s Occupational Medicine Specialist is also the Medical Director of the medical facility, being involved not only in the medical aspects of the clinic, but also in the administrative, quality and management aspects of it. The specialist is OGUK (formerly UKOOA – offshore medicals) and Bermuda (seafarers’ medicals) certified and has additional qualifications and expertise in aviation medicine, clinical and industrial toxicology, general medicine, preventive and family medicine, as well as adult vaccination and travel medicine.

All OHI’s GPs are trained for serving occupational health requirements and are well versed with this field of medicine, some of them being OGUK certified and NEBOSH certified. At OHI, the doctors are trained to offer complete medical examinations, taking into account not only the individual’s health aspects, the medical complaints, but also the job requirements and work environment, as well as and the geographical location and its implications.

PROCEDURES AND TESTS AT OHI:

- Complete physical examinations and specific and general medical consultations, with focus not only on the general medicine, but also work-related implications and risks exposure
- Vital signs recording (including height, weight, BMI, blood pressure measurement, pulse rate, respiratory rate, temperature measurement etc.)
- Hand arm vibration (HAV) surveillance, including hand strength/grip test
- Hearing assessment (Audiometry test)
- Lung function evaluation [Spirometry test] & Chester Step Test
- Cardiological evaluation with Cardiologist Specialist, including: ECG, Stress/ Effort Test (Treadmill Test), 2D echocardiography, 24-hour ambulatory blood pressure monitoring, 24hours Holter monitoring etc.
- Ophthalmological screening (near vision/ reading, distance vision, peripheral vision and color vision screening tests)
- Dental checks and treatments
- Radiology related services, including: X-ray, mammography, ultrasonography [USG], OPG (orthopantomogram)
- Laboratory and pathology related tests, including hematology, microbiology, immunology, morphopathology, heavy metals screening, toxicology related tests etc.
- Alcohol & drugs screenings, with possibility for confirmatory tests through SAMSHA accredited international laboratories.

SERVICES AT OHI MEDICAL FACILITY

- Occupational health related medicals, including: pre-employment medicals, periodical medicals, deployment medicals, return to work medicals, evaluation of the health status related to the hazards exposure, issuing of medical fitness certificates for work, filling-up specific medical forms/certificates, as per the company’s policy requirements, following the local and international medical and occupational health related standards
- OGUK (formerly UKOOA), Norwegian offshore medicals, Bermuda medicals (seafarers’ medicals)
- Dubai Roads & Transport Authority - vision testing center for Commercial Drivers and Safety Critical Medicals
- ERT medicals, confined spaces medicals, drivers medicals
- Working at heights medicals, crane operators’ medicals, firefighters’ medicals
- Ionizing Radiation (IR) exposure medicals, asbestos exposure medicals, chemicals exposure related medicals etc.
- Food handlers’ medicals & General health screenings
- Preventive medical services, including Well Man and Well Woman Health Packages
- Adult vaccination and travel medicine
- Cardiological related investigations and consultations, ophthalmological related screenings, obstetric gynaecology related screenings/treatments, radiological related investigations, dental screenings and treatments

OHI has access to the latest up-to-date information from the CDC, the World Health Organization and other travel databases to facilitate the proper recommendations for clients traveling all over the world. Advice and prescriptions can be given to guard against diseases that could be developed in specific geographic locations. OHI is also approved by Dubai Health Authority as an Adult Vaccination Centre.

SERVICES AT COMPANY PREMISES

- Customized employees’ wellbeing and awareness programs
- Work place risk assessments, Ergonomic assessments
- Investigations of the causes of occupational impairment of health and advice on occupational, environmental and hazard control
- Samples collection (blood, urine, stool) for routine screenings or screenings for exposure to hazards in the workplace such as heavy metals or chemicals
- Alcohol and other drugs screenings
- Lung function test (by spirometry), Hearing assessment (by audiometry) & Vision testing screening etc.

ADDITIONAL SERVICES

- Health surveillance and medical statistical reports
- Medical advisory support

If you require services that are not mentioned, please contact us and we will be pleased to advise.

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QUALITY ACCREDITATION & CERTIFICATION

OHI adheres to the highest healthcare standards and has rigorous quality systems in place with accreditation and certification as following:

- ISO 9001:2015 certified (Quality Management System)
- OHSAS 18001:2007 certified (Occupational Health and Safety Management System)
- OGUK (formerly UKOOA) offshore registered doctors
- Weyak Certification (Dubai Health Authority – for excellent performance and compliance in Quality)
- Doctors approved by Bermuda and Carnival UK for seafarers’ medical examinations
- Approved by Dubai Roads & Transport Authority as a vision testing center for commercial drivers
- Approved by Dubai Health Authority as an Adult Vaccination Center
- Best Oil & Energy Occupational Health Services Provider – UAE by Global Energy; 2018 Oil & Gas Awards

Along with the international and local accreditations, OHI has implemented its own rigorous internal quality management system, as well as the health and safety system, having organised an HSE Committee, including members who are ISO and OHSAS certified as Internal Auditors.

OHI works with JCI, DAC and ISO 15189: 2007 accredited laboratories providing fast and accurate laboratory and pathology testing, for the OHI patients, but also for other clinics and hospitals in UAE, collaborating for certain category of tests with very well-known and reputed international laboratories.

EMPANELLED WITH MAJOR INSURANCE COMPANIES & TPA’S

- AETNA
- ALLIANZ [Arab Orient]
- ALICO
- AMITY
- AXA
- DAMAN
- DUBAI INSURANCE CO.
- INTERGLOBAL
- MEDNET
- MSH
- NEURON
- NEXTCARE
- OMAN
- SAICO
- CIGNA
- NAS
- TPA [INAYAH]

LOCATION MAP & CONTACT DETAILS

Parking spaces are available in the basement, levels B2 and B3.
Please contact us if you would like to visit the clinic or need any further information on our services.
Occupational Health International LLC [OHI Clinic] is open Saturday to Thursday from 7:00 am to 4:00 pm

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